

## REGISTRATIONS STEPS FOR AN ORANGE CARD

### For students that ATTEND Fort Collins High School for the 2023-2024 School Year

1. Follow the instructions for “Enrolled at FCHS for the current school year” here:
2. Pay District Athletic Fee: <https://psdschools.schoolpay.com/> or pay FCHS Bookkeeper
3. Have current Sports Physical.

Once you have completed all these steps, come in to the FCHS Athletic office and you will receive your Orange Card that you will then give to your coach to participate/practice in FCHS Athletics.

### For students that DO NOT ATTEND Fort Collins High School for the 2023-2024 School Year

If you are not an FCHS student for the 2021-2022 School year, please contact Lori Willadsen at 970-490-3332 to be placed at FCHS.

**\*\*Ice Hockey Players and Cheer/Dance that are 8<sup>th</sup> graders coming up, do not need to do the above step\*\***

1. Follow instructions for “Not Enrolled at FCHS for the Current School year” here: <https://fch.psdschools.org/athletics/athletic-registration>
2. Pay District Athletic fee at the FCHS Bookkeeper
3. Have a current sports physical

**\*\*\*Ice Hockey players: If you attend FRHS, RMHS or PHS, you will need to contact your high school to complete paperwork to receive your Orange Card.\*\*\***

Once you have completed all these steps, come in to the FCHS Athletic office and you will receive your Orange Card that you will then give to your coach to participate/practice in FCHS Athletics.

### Transfer Students

Contact Athletic Director: Kyle Tregoning at 970-488-8011 or email: [ktregoni@psdschools.org](mailto:ktregoni@psdschools.org)

### District Fees

ATHLETIC FEES	All Sports	Unified Sports	Ice Hockey	Nordic Skiing
PSD Non-Charter Students	\$205	\$100	\$205 plus \$1,000 (Approx)	\$205 plus pay as you go
Home-Based, Charter & Private School Students	\$305	\$150	\$305 plus \$1,000 (Approx)	\$305 plus pay as you go

## **FORT COLLINS HIGH SCHOOL ATHLETIC INFORMATION FORM**

**\*\*\*Athletes are required to complete a new form & pay the fee(s) for each sport, each season\*\*\***

**SPORT** you are registering for in the **new season** (only list 1 sport): \_\_\_\_\_

**Name:** \_\_\_\_\_ **Current Grade:** \_\_\_\_\_ **PSD ID #:** \_\_\_\_\_

**Have you completed the online registration:** <https://poudreathletics.sportngin.com/register/form/595851051> **Yes** \_\_\_ **NO** \_\_\_

(This is required for every athlete for every sport who is enrolled at FCHS for the 2023-2024 school year)

**Are you enrolled in FCHS for the 2023-2024 school year:** **Yes** \_\_\_ **No** \_\_\_

- If **NO**, what school will/do you attend: \_\_\_\_\_
  - Have you been placed at FCHS by PSD District Athletics: **Yes** \_\_\_ **No** \_\_\_
    - Copy of placement letter presented: **Yes** \_\_\_ **No** \_\_\_

**\*\*\*If you have not been placed at FCHS please contact Lori Willadsen at the District Office 970-490-3332\*\*\***

**Do you live in the Fort Collins High School Attendance Area:** **Yes** \_\_\_ **No** \_\_\_ **School of Choice** \_\_\_

- If **NO**, who are you currently living with: Both Parents \_\_\_ Mother \_\_\_ Father \_\_\_ Legal Guardian \_\_\_

**Did you attend Fort Collins High School last year (2022-2023):** **Yes** \_\_\_ **No** \_\_\_

- If **NO**, what School did you attend last year (2022-2023): \_\_\_\_\_ Transfer: **Yes** \_\_\_ **No** \_\_\_
  - If **not** a PSD School, please include: **City:** \_\_\_\_\_ **State:** \_\_\_\_\_

**Did you play sports at the high school level last year (2022-2023):** **Yes** \_\_\_ **No** \_\_\_

- If **Yes**, where did you play \_\_\_ **FCHS** or **Other** \_\_\_ (name of other school): \_\_\_\_\_

**Have you tried out or played for a team at another high school this school year (2023-2024):** **Yes** \_\_\_ **No** \_\_\_

- If **Yes**, list the **high school:** \_\_\_\_\_ **sport:** \_\_\_\_\_

**Have you been expelled, suspended, or dropped out of school in the last 12 months:** **Yes** \_\_\_ **No** \_\_\_

- If **Yes**, please list the date(s) and reason: \_\_\_\_\_

**DATE OF MOST RECENT SPORTS PHYSICAL:** **Month** \_\_\_ **Day** \_\_\_ **Year** \_\_\_

**Parent Email:** \_\_\_\_\_ **Parent Email:** \_\_\_\_\_

**Athletic Fee for FCHS or PSD Alternative Schools: \$205 \* All others: \$305**  
**\*Home -Based, Charter & Private school students must be placed by PSD Athletics to play at FCHS & are subject to higher fees**



Poudre School District  
 2407 LaPorte Ave  
 Fort Collins, CO 80521  
 970-482-7420

**2023-2024**

**High School Athletic Participation  
 Permission and Release**

An Athletic Participation Permission and Release of Liability form must be completed and submitted to the school of athletic participation as designated below each school year and must list the sport(s) the student wishes to participate in before the student will be allowed to practice or compete in those sport(s). A current Physician Certification of Student Fitness for Athletic Participation form must also be submitted and on file at the school of athletic participation.

**Student Information**

Student's Name (Last, First, M.I.) \_\_\_\_\_ PSD Student ID# \_\_\_\_\_  
 (Leave blank if not a current PSD student)

Student's Date of Birth \_\_\_\_\_ Grade for 2023-2024 \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Student's Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Parent(s)/Legal Guardian(s) Name(s) \_\_\_\_\_ Telephone \_\_\_\_\_

**For the above referenced school year:**

School of Attendance: \_\_\_\_\_ Previous Year's School of Attendance: \_\_\_\_\_

School of Athletic Participation: \_\_\_\_\_

This permission and release of liability made this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, is given  
Day of month Month Year

by the student named above (the "Student") and the Student's parent(s)/legal guardian(s) named above ("Parent(s)") in favor of Poudre School District No. R-1 (the "District").

In consideration of permission granted by the District for the Student to participate in the sport(s) listed below including day travel within Colorado or to Laramie or Cheyenne, Wyoming (the "Sport(s)") at the School of Athletic Participation noted above (List all sports the student will participate in during the above referenced school year\*):

Student and Parent(s) hereby covenant and agree as follows:

Student and Parent(s) release and hold harmless the District and its board members, employees and agents from any and all liability claims, causes of action, damages and demands of any kind whatsoever (except willful and wanton acts or omissions) that Student and/or Parent(s) may have against the District and its board members, employee and/or agents for any and all damages that may arise out of or in connection with the Sport(s).

By its nature, participation in athletics includes certain risks and dangers particular to each sport, including the risk of injury ranging in severity from minor to catastrophic and long-term. Student and Parent(s) understanding and appreciating the risks and dangers that may exist in allowing Student to participate in the Sport(s), assume the risk of any and all damages, including personal injury, which Student may incur as a result of participating in the Sport(s).

\* List of District-sponsored sports:

Baseball	*Field Hockey	*Ice Hockey	Soccer	Girls Volleyball	Unified Cheer
Basketball	Football	*Lacrosse	Swimming	Boys Wrestling	Unified Flag Football
*Boys Volleyball	Golf	*Nordic Skiing	Tennis	*Girls Wrestling	Unified Soccer
Cheer/Dance	*Gymnastics	Softball	Track/Field	Unified Basketball	

Student and Parent(s) acknowledge and represent that they have read the *Poudre School District Athletic Handbook* available at <https://www.psdschools.org/sites/default/files/PSD/athletics/2019-2020%20PSD%20Athletic%20Handbook.pdf> and in hard-copy form, and acknowledge that they are subject to its terms and conditions. Specifically, Student and Parent(s) acknowledge and represent that they have read and understand District Policy JJ, Interscholastic Athletic Training and Personal Conduct Rules, available at <https://www.psdschools.org/sites/default/files/PSD/policies/JJ.pdf>. If there is a conflict in the language between the *Athletic Handbook* and Policy JJ, the terms of the policy shall control. Student and Parent(s) also acknowledge and represent that they have read and understand Board Policy JLCD, Administering Medicines to Students/Asthma, Food Allergy and Anaphylaxis Health Management, which is included in the Poudre School District Student Rights & Code of Conduct and is also available at <https://www.psdschools.org/sites/default/files/PSD/policies/JLCD.pdf>. Student and Parent(s) understand and acknowledge that the District's consequences for controlled substances, alcohol, and tobacco violations are separate and in addition to any consequences imposed by state or local law enforcement.

The District provides transportation for students to and from many practices and competitions. However, the District is unable to provide transportation in all circumstances and to all events. The nature of some sports requires practices and competitions to be held off-campus, limiting the District's ability to provide transportation on every occasion. Student and Parent(s) hereby acknowledge and understand that the District does not assume any responsibility for the Student's transportation when District transportation is not used and the Student and/or Parent(s) are solely responsible for making appropriate arrangements to and/or from the athletic practice or competition.

Student and Parent(s) understand that the District is protected from liability under the Colorado Governmental Immunity Act for injuries and damages that may arise out of or in connection with participation in the Sport(s), and understand that any injuries and damages that may arise out of or in connection with participation in the Sport(s) may not be covered by District insurance. For these reasons, it is recommended that Student or Parent(s) obtain appropriate insurance from qualified sources to cover medical expenses and other costs that could result from injury to the Student, and damage to or destruction of property belonging to the Student or Parent(s), which may arise out of or in connection with the Student's participation in the Sport(s). The District makes voluntary student accident insurance available through an outside provider. Student or Parent(s) may obtain more information from the Student's school or at <https://www.psdschools.org/schools/safety-and-emergencies/student-accident-insurance>.

Parent(s) hereby acknowledge and represent (**one of the following must be marked**):

\_\_\_\_\_ I have purchased the voluntary student accident insurance made available through the District.

\_\_\_\_\_ I have not purchased the voluntary student accident insurance made available through the District and understand I am responsible for payment of expenses incurred in the event of injury to my child.

I/We, the undersigned Student and Parent(s) have read this *High School Athletic Participation Permission and Release* and understand all of the terms thereof, the nature of the Sport(s) to which they apply, and the risks and dangers that may exist in allowing the Student to participate in the Sport(s) including possible exposure to COVID-19 and other communicable diseases. We execute this document voluntarily and with full knowledge of the rights we are giving up and the obligations we are assuming, effective as of the date first above written.

\_\_\_\_\_  
Parent/Legal Guardian Signature                      Date

\_\_\_\_\_  
Student Signature    Date

\_\_\_\_\_  
Parent/Legal Guardian Signature                      Date

### **Nondiscrimination Statement**

Poudre School District does not unlawfully discriminate on the basis of race, color, religion, national origin, ancestry, sex, sexual orientation, marital status, or disability in access or admission to, or treatment with respect to participation in District athletics.





Poudre School District  
2407 LaPorte Ave  
Fort Collins, CO 80521  
970-482-7420

## 2023-2024 PSD Social Media Policy

Social Media refers to internet-based applications designed to create and share user generated content. All forms of digital magazines, internet forums, web-blogs, podcasts, photographs, video, rating and social bookmarking found on websites or applications such as Twitter, Facebook, Instagram or Tumblr that are open to public viewing are considered to be social media. This is a rapidly changing network and many more not mentioned will arise, which are also included in this policy. Violations of this policy outlined below are subject to investigation and sanctions described in the Poudre School District Code of Conduct and are also subject to review by state and federal law enforcement. These fall under the Poudre School District Code of Conduct. Any and all disciplinary measures may apply, depending on the severity of the infraction.

Poudre School District student-athletes are expected to conduct themselves in a respectable manner as a member of their teams and our Athletic Program. As a student-athlete you are responsible for your social media use. Any malicious use of social media platforms shall not be tolerated. Malicious use may include, but not be limited to:

- 1) Derogatory language or remarks regarding fellow athletes, students, coaches, administrators, faculty and staff of Poudre School District or other high schools.
- 2) Demeaning statements or threats that endanger the safety of another person.
- 3) Incriminating photos or statements regarding illegal criminal behavior, underage drinking, use of illegal drugs, sexual harassment or violence.

As a student-athlete, I have reviewed and carefully read, with my parent(s)/legal guardian(s), the Social Media Policy and agree to abide by all provisions contained within. Furthermore, I understand that violation of said rules may result in loss of athletic privileges and/or suspension from participation.

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Print Student Name

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Student Signature

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Parent/Legal Guardian Signature

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Parent/Legal Guardian Signature



Risk Management  
 2413 LaPorte Ave  
 Fort Collins CO 80521  
 (970) 490-3506

## Athletics In-State, Overnight Field Trip Release, Indemnity, and Assumption of Risk 2023 Fall Sports Season

Participation in sports sponsored by PSD may include both in-state and out-of-state overnight travel for regular and post-season competition, tournaments, camps, and other events usual and customary to the sport. Participation in overnight travel associated with any sport is voluntary. The coach for each sport your child participates in should provide you with a tentative schedule for all anticipated overnight travel associated with the sport. If you do not receive this information, you may contact the coach or the school’s Athletic Director and request this information. You or your student may opt out of any event requiring overnight travel. If this Release, Indemnity, and Assumption of Risk (the “Release”) is completed and submitted to the school’s Athletics Department, it is assumed your child will be participating in all in-state overnight travel for the associated sport your child is participating in unless you communicate in writing otherwise. A separate release, indemnity and assumption of risk is required for all out-of-state travel and all other in-state, overnight travel (e.g., travel related to the fall sport that occurs outside the 2023 Fall sports season).

In order for your child to participate in in-state overnight travel for regular and post-season competition (“In-State Overnight Travel”) associated with a PSD-sponsored sport, you and your child must sign the Release. For purposes of the Release, In-State Overnight Travel includes travel to Laramie and Cheyenne, Wyoming. The Release applies to the PSD-sponsored sport your child participates in during the 2023 Fall sports season, which generally runs between July 31, 2023, to December 2, 2023, and is more specifically identified on the Colorado High School Activities Association calendar (<https://chsaanow.com/sports/2022/8/11/-2023-24-chsaa-calendar.aspx>).

This Release, Indemnity and Assumption of Risk, made this \_\_\_\_\_ day of \_\_\_\_\_, 2023, is given by

\_\_\_\_\_ (“Student”) and the Student’s parent(s) or legal  
*Student Name*

guardian(s) \_\_\_\_\_ (“Parent(s)”) in  
*Parent or Legal Guardian Name(s)*

favor of Poudre School District R-1 (“School District”).

In consideration of permission granted by the School District for Student to participate in In-State Overnight Travel as defined above for the sport Student participates in during the 2023 Fall sports season, for regular and post-season competition, Student and Parent(s) hereby covenant and agree as follows:

In voluntarily executing the Release, Student and Parent(s) are providing permission for Student to participate in In-State Overnight Travel unless Student or Parent(s) opt the Student out of any or all such In-State Overnight Travel. If Student or Parent(s) would like to opt the Student out of all In-State Overnight Travel, this Release does not need to be completed. If Student or Parent(s) would like to opt the Student out of some, but not all, In-State Overnight Travel, Parent(s) should complete this Release and communicate with the Student’s coach in writing prior to each In-State Overnight Travel event in which the Student will not participate.

Student and Parent(s) understand that risks associated with In-State Overnight Travel include, but are not limited to, loss or damage to personal property, injury, permanent disability, fatality, and exposure to inclement weather.

Student and Parent(s) release and hold harmless the School District and its board members, employees and agents from any and all liability, claims, causes of action, damages and demands of any kind whatsoever (except willful and wanton acts or omissions) that Student and/or Parent(s) may have against the School District and its board members, employees and/or agents for any and all damages that may arise out of or in connection with In-State Overnight Travel.

Athletics In-State, Overnight Travel  
Release, Indemnity, and Assumption of Risk  
2023 Fall Sports Season

Parent(s) agree to indemnify, defend and hold harmless the School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury of any person caused by Student and/or for damages to or destruction of any property caused by Student, which may arise out of or in connection with Student's participation in In-State Overnight Travel. Parent(s) also agree to indemnify, defend and hold harmless the School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury to Student and/or for damages to or destruction of property belonging to Student or Parent(s), which may arise out of or in connection with Student's participation in In-State Overnight Travel.

Student and Parent(s) understand that the School District is protected from liability under the Colorado Governmental Immunity Act for injuries and damages that may arise out of or in connection with In-State Overnight Travel and understand that any injuries or damages arising out of or in connection with In-State Overnight Travel may not be covered by School District insurance. For these reasons, it is recommended that Student or Parent(s) obtain appropriate insurance from qualified sources to cover medical expenses and other costs that could result from injury to the Student, and damage to or destruction of property belonging to the Student or Parent(s), which may arise out of or in connection with the Student's participation in In-State Overnight Travel.

The School District has information available regarding accident and health insurance that may be purchased to cover Student's participation in In-State Overnight Travel. Student or Parent(s) may enroll at [www.studentinsurance-kk.com](http://www.studentinsurance-kk.com). More information is available at <https://www.psdschools.org/schools/safety-and-emergencies/student-accident-insurance>.

Student and Parent(s) understand that the Student shall be subject to the School District's Student Rights and Code of Conduct at all times related to Student's participation in In-State Overnight Travel, as well as all other applicable School District policies and rules. As a condition of participating in In-State Overnight Travel, Student shall comply with all instructions and safety precautions communicated by school officials. Parent(s) hereby agree that in the event of Student's repeated or serious violation of the Code of Conduct and/or failure to comply with instructions or safety precautions communicated by school officials, Student's participation in In-State Overnight Travel may be terminated early and Parent(s) may be required to pay all costs of sending Student home if deemed necessary and if Parent(s) are informed in advance that Student is being sent home.

Student and Parent(s) understand that if the Student is injured or becomes ill and it is necessary for the Student to return home or for the Parent(s) to meet the Student to escort him or her home, the Parent(s) may be required to pay all costs. School District shall have the authority to cancel or terminate In-State Overnight Travel and related on-site activities in accordance with its policies or best judgment.

We, the undersigned Student and Parent(s), have read this release, indemnity, and assumption of risk, and understand all of the terms thereof, the nature of the In-State Overnight Travel to which they apply, and the risks and dangers that may exist in allowing Student to participate in In-State Overnight Travel. We execute this document voluntarily and with full knowledge of the rights we are giving up and the obligations we are assuming, effective as of the date first above written.

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Signature of Parent or Legal Guardian

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Signature of Parent or Legal Guardian

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Signature of Student





Poudre School District  
2407 LaPorte Ave  
Fort Collins, CO 80521  
970-482-7420

## 2023-2024 Student Athlete Medical Information

### Student Information

Parents are specifically reminded that all medications require a completed PSD authorization form which must be on file in the school office.

\_\_\_\_\_  
Student's Name (Last, First, M.I.)

\_\_\_\_\_  
PSD Student ID# (Leave blank if not a current PSD student)

\_\_\_\_\_  
Student's Date of Birth

\_\_\_\_\_  
Age

\_\_\_\_\_  
Male

\_\_\_\_\_  
Female

Parent(s)/Legal Guardian(s): \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_

Other Emergency Contact(s): \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_

Sport(s): \_\_\_\_\_

Please list any health and/or medical conditions, including any allergies:

Please list any disabilities and required accommodations and/or restrictions:

Please list all medications the student athlete takes:

Date of Student Athlete's last tetanus booster shot (month/year): \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date



Poudre School District  
 2407 LaPorte Ave  
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 970-482-7420

## 2023-2024 High School Physician Certification of Student Fitness for Athletic Participation

*This form, as well as an Athletic Participation Permission and Release form, must be completed and submitted to the school of athletic participation as designated below before the student will be allowed to practice or compete in school sport(s).*

### Student Information – To be completed by student or parent/guardian.

\_\_\_\_\_  
 Student's Name (Last, First, M.I.) Student ID#

\_\_\_\_\_  
 Student's Date of Birth  Male  Female

\_\_\_\_\_  
 Student's Street Address City State Zip Code

\_\_\_\_\_  
 School of Athletic Participation

\_\_\_\_\_  
 Parent(s)/Guardian(s) Name(s) Telephone

### Physician's Certification

I certify that I have examined the above-named student and find the student physically fit to fully participate in the school sport(s) listed below, except those crossed out, without restriction:

Baseball	*Field Hockey	*Ice Hockey	Soccer	Girls Volleyball	Unified Cheer
Basketball	Football	*Lacrosse	Swimming	Wrestling	Unified Flag Football
*Boys Volleyball	Golf	*Nordic Skiing	Tennis	*Girls Wrestling	Unified Soccer
Cheer/Dance	*Gymnastics	Softball	Track/Field	Unified Basketball	

\*List of District-sponsored sports

Additional Comments:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Date of Examination \_\_\_\_\_ (Valid for 365 days unless rescinded)

\_\_\_\_\_  
 Physician Name (Printed) Phone Number

\_\_\_\_\_  
 Physician Signature Date