



Introductions and Welcome



- Penny Stires, Principal
 - Rob Larson, Assistant Principal
 - Jennifer Roth, Assistant Principal
 - Justin Stephens, Assistant Principal
 - Kyle Tregoning, Assistant Principal and Athletic Director
 - Kelsey Burger, Dean of Students
 - Mike Himlie, Dean of Students
 - Kate Sherrill, 9th Grade GT
 - Melanie Smith, 9th Grade School Counselor
 - Kristin Flanagan, Counselor
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2023-2024 Daily Schedule

2023-2024 FCHS Bell Schedule

Monday Tuesday	Period 1		Period 2	Lunch	Period 3	Period 4
	9:00-10:29		10:35-12:07	12:07-12:50	12:56-2:25	2:31-4:00
Wednesday	Late Start	Period 1	Period 2	Lunch	Period 3	Period 4
	9:00-9:35	9:35-10:57	11:03-12:25	12:25-1:05	1:10-2:32	2:38-4:00
Thursday Friday	Period 1		Period 2	Lunch	Period 3	Period 4
	9:00-10:29		10:35-12:07	12:07-12:50	12:56-2:25	2:31-4:00

9th Grade Transition and Support



Lambkin Way Class

Required elective for all 9th graders to support the transition to high school

Scheduled during 1st quarter

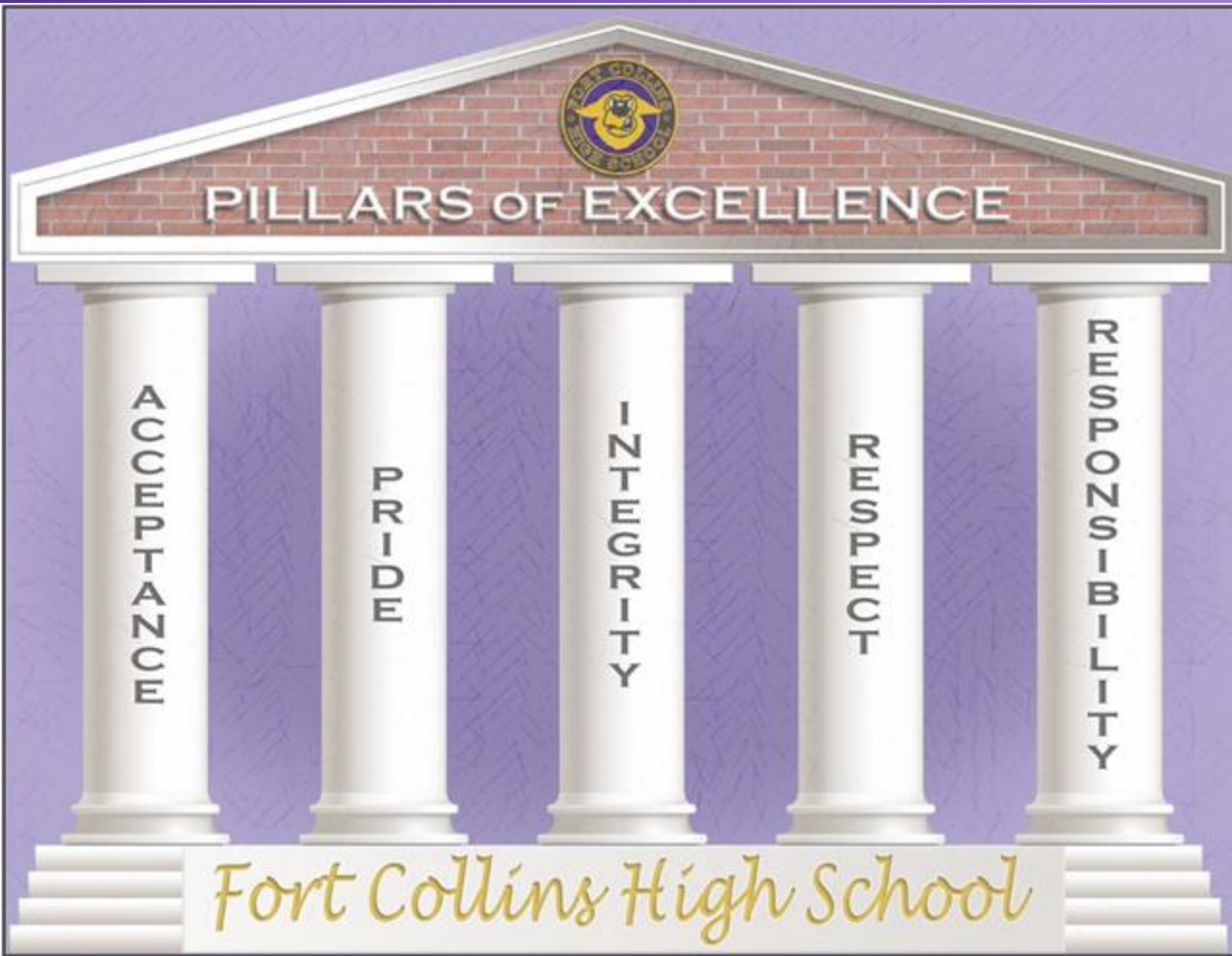
Curriculum includes school success strategies, social-emotional learning & support, and post-secondary planning

Peer mentors help make connections for 9th graders



9th Grade Teaming

9th grade students have common teachers who meet weekly to discuss student progress. This model allows for us to wrap around our 9th grade students as they transition to a comprehensive high school.



Positive School Culture

9th Grade Counselors

Intentional engagement during your student's transition to FCHS

★ Lambkin Way Presentations

- ◆ Highlighting Academic Opportunities
- ◆ Social Emotional Learning
- ◆ High School Course Planning
- ◆ Goal Setting - ICAP

★ Collaborative Strategies

- ◆ Weekly meetings with 9th grade team for student support
- ◆ Regular communication with teachers/counselors
- ◆ Engage in collaborative initiatives to foster success
- ◆ Partnership with middle school counselors

★ Individual Support

- ◆ Transition support – managing change in expectations
- ◆ Academic, Social, Personal, Career
- ◆ Organization and Time Management
- ◆ Family support – working alongside to problem-solve

★ Student Services Team

- ◆ Counselor collaboration within FCHS and district-wide
- ◆ Identify student support services
- ◆ Referrals for mental health support
- ◆ Work based learning opportunities



Melanie Smith
Last Name: A-R



Kate Sherrill
Last Name S-Z
Honors Academy



Organizations & Activities

<https://fch.psdschools.org/activities>

Ag Club
Amnesty International
Asian Student Organization
Banjo Club
Bike Club
Black Student Union
Boltz Bridges
Book Club
Boosters
College Preparation Club
DECA
Drones Flyer Club
E-Sports
Environmental Club
Fashion Club
FBLA
FCCLA
Fly Tying Club
French Club
German Club

History Club
Key Club
KLYD TV
Knowledge Bowl
LASA
Link Crew
Math Honor Society
Mock Trial
Model UN
National Art Honor Society
National Honor Society
National Ocean Sciences Bowl
Speech and Debate
National Technical Honor Soc.
New Student Club
Newcomer Club
Peer Counselors
Podcast Club
Queer History and Culture

Podcast Club
Queer History and Culture Club
Remington Street Review
Science Bowl
Science National Honor Soc.
Spilled Ink
Short Fuse Game Club
Spanish Club
Student Equity Advocates
Rainbow Road (GSA)
Student Advisory Board
Student Council
Successful Career Lambkins
Tower Theater
Tri-M
Unified Pals
Welding Club/Skills USA
Yearbook



FCHS Athletic History

Fort Collins High School Athletics have a long tradition of success. Competing at the highest level in the state of Colorado. After winning the first state championship in 1922, Fort Collins High School became known as, **“Home of the Champions”**. Our student body, staff, and alumni take great pride in carrying on the traditions and successes that past Lambkins have had and aim toward continued success for this year and into the future. We are very fortunate to have outstanding student athletes and a very dedicated and passionate coaching staff to lead us to continued success.

Athletic Accomplishments

3 National Championships

73 State Championships

320 Conference Championships

154 Individual Championships



Athletic Website/Registration/**Orange** Cards

We invite you to visit our Athletics pages on the FCHS Website. There is a lot of helpful information including: registration information, coaches contacts, athletic schedules and Parent Athletic Club information.

<https://fch.psdschools.org/athletics>

An “Orange” card is what you will receive to give to a coach before a tryout. This notifies that all registration paperwork has been completed and the student athlete is cleared to participate.

Every student athlete must obtain an orange card from Nichole Dahlseide in the athletic office before trying out for any sport. An orange card must be obtained for every sport for every season.

- Registration will be completed online. Please visit our FCHS Athletics' website to complete registration at:
<https://fch.psdschools.org/athletics/athletic-registration>
- Once online registration is completed, you will bring the following into the athletic office to receive orange card
 - Completed sports physical signed by a physician (valid for one full year from the date of the physical)
 - Sports physicals don't get rolled over from middle schools, so please obtain a copy from your middle school or bring in a new one
- Completed information page
- Proof of payment (screenshot of receipt is accepted)





FCHS Athletics by Season

Located in Cafeteria

Fall Sports

Cross Country
Field Hockey (PSD)
Football
Boys Golf
Gymnastics (PSD)
Boys Soccer
Softball
Spirit (Cheer and Dance)
Boys Tennis
Girls Volleyball
Unified Football
Unified Cheer

Winter Sports

Boys Basketball
Girls Basketball
Ice Hockey (PSD)
Nordic Skiing (PSD)
Girls Swimming
Boys Wrestling
Girls Wrestling (PSD)
Unified Basketball
Unified Cheer
Spirit (Cheer and Dance)

Spring Sports

Baseball
Girls Golf (Fossil)
Boys Lacrosse (PSD)
Girls Lacrosse (PSD)
Boys Swimming
Girls Tennis
Track and Field
Boys Volleyball (PSD)
Girls Soccer
Unified Soccer

While at FCHS



- Explore a Pathway
- Explore your Interests
- Explore a Program

To graduate you need 240 credits from various buckets.....at FCHS you can customize this as you desire!



Production & Managerial Arts
Design & Multimedia Arts
Health Science (formally BCA)
Interior & Fashion Design
Culinary & Hospitality
Education & Training
Business & Marketing
Computer Science & Web Design
Engineering (STEM)
Welding & Manufacturing
Architecture & Construction

CTE

Pathways

<https://www.psdfutureready.org/find-your-path/>

Computer Science Pathway

Student
Leadership:
FBLA

Level 1

**Computer Science
Foundations** (6320)

5 Elective Credits

**FRCC Intro to PC
Applications** (1750)

5 PSD Elective / 3 FRCC
credits

Level 2

**Web Design
Foundations A** (1766)

5 Math or Elective Credits

Game Design A (1751)

5 Math or Elective Credits

**AP Computer Science
Principles** (6331)

10 Math or Elective Credits

Level 3

**Web Design
Foundations B** (1767)

5 Math or Elective Credits

Game Design B (1754)

5 Math or Elective Credits

AP Computer Science
(6330)

10 Math or Elective Credits

**Computer Certification
& Repair** (1756)

5 Elective Credits

Level 4

**Work-Based
Learning: Computer
Science** (6333) - Variable
Credit (1-10)
- Capstone course

Industry Certification: Microsoft Technology Associate - www.certiport.com

In Demand Careers:

Software Developer, Computer Hardware Engineer, Web Developer, Network Administrator

WBL Opportunities: Broadcom, Technology Assistant Bennet Elementary School, Student Worker Tech Team Timnath Middle/High School, Student Worker Taveli MAC Bus, PSD Student Worker Information Technology, Coding Club Bacon Elementary, SparkFun Electronics Apprenticeship, Student Web Designer STEMX PSD, STEMX PSD Student Mentor

Business, Marketing & Computer Science Pathways

Student
Leadership:
FBLA
DECA

Business & Marketing

- Introduction to Business
- FRCC Intro to PC Applications
- Business & Marketing Essentials
- Fundamentals of Accounting
- Legal Environment of Business
- FRCC Personal Finance
- Introduction to Economics
- FRCC Fundamentals of Accounting
- FRCC Social Media for Business
- Business Communications
- FRCC Principles of Marketing A & B
- Work-Based Learning: Business

Industry Certification: HubSpot Social Media
www.academy.hubspot.com

In Demand Careers:
Accountant, Financial Analyst, Project Manager, Paralegal, Real Estate Broker, Lawyer, Compliance Officer, Sales Representative, Marketing Specialist

Computer Science & Web Design

- Computer Science Foundations
- FRCC Intro to PC Applications
- Web Design Foundations A & B
- Game Design A & B
- AP Computer Science Principles A & B
- AP Computer Science A
- Work-Based Learning: Computer Science
- Work-Based Learning: Manufacturing

Industry Certification: Microsoft Technology Associate
www.certipoint.com

In Demand Careers:
Software Developer, Computer Hardware Engineer, Web Developer, Network Administrator

WBL Opportunities: Bank of Colorado Retail Banking Teller, Loveland Laser Tag Escape Room & Laser Tag Attendant, Chilson Center Special Event Leader, FoCo Café Non-Profit Intern, City of Fort Collins Recreation Facility Attendant, Habitat for Humanity Volunteer

Design & Multimedia Arts Pathway

Design & Multimedia Arts

- Digital Media A & B
- FRCC Adobe Photoshop
- FRCC Adobe Illustrator
- FRCC Intro to Visual Communication
- Television Production A & B
- Audio Video Production 1 A/B
- Audio Video Production 2 A/B
- Commercial Photography I
- Commercial Photography II
- Videography
- Reporting
- Editing
- Online Media I & II
- Adobe InDesign A & B

Industry Certification: Certiport – Adobe
[Certiport.pearsonvue.com/](https://certiport.pearsonvue.com/)

In Demand Careers:
Film/ Video Editor, Sound Engineering Tech, Graphic Designer,
Audio Video Technician, Broadcast Technician, Photographer,
Animator, Camera Operator

WBL Opportunities: FCHS Photo Internship, Leave a Legacy

Student
Leadership:
FBLA

Production & Managerial Arts Pathway

Student
Leadership:
FBLA

Production & Managerial Arts

- Television Production A
- Television Production B
- Technical Theatre Certification
- Work-Based Learning: Production & Managerial Arts

Industry Certification: Technical Theatre Certification

In Demand Careers:

Film/ Video Editor, Sound Engineering Tech, Graphic Designer,
Audio Video Technician, Broadcast Technician, Photographer,
Animator, Camera Operator

WBL Opportunities: KLYD TV, Theatre Tech

Family & Consumer Sciences Pathways

Student
Leadership:
FCCLA

Interior & Fashion Design

- Teen Choices
- Life Management
- Interior Design I – Residential
- Interior Design II – Commercial
- Fashion Design & Merchandising I
- Fashion Design & Merchandising II
- Work-Based Learning: Interior/Fashion Design

Industry Certification: AAFCS Visual Arts & Design (www.aafcs.org)

In Demand Careers:
Home Staging, Exhibit Designer, Textiles Designer, Set Design, Stylist, Fashion Blogger, Architecture, Retail Buyer

Culinary & Hospitality

- Life Management
- Nutrition & Wellness
- Catering I
- FRCC Food Safety / Sanitation (Catering II)
- Work-Based Learning: Culinary & Hospitality

Industry Certification: ServSafe Manager
www.servsafe.com

In Demand Careers:
Restaurant Manager, Head Chef, Event Planner, Food Service Manager, Baker, Private Chef

Education & Training

- Principles of Manufacturing
- Metals & Machine Fabrication A & B
- Metals & Machine Fabrication A - Women
- Metals & Machine Fabrication IIA
- FRCC Mechanical Design I
- FRCC SolidWorks / Mechanical
- FRCC Advanced
- Work-Based Learning: Education

Industry Certification: Early Childhood Certification FRCC Certificate

In Demand Careers:
Special Education Teacher, Postsecondary Instructor, Instructional Coordinator, Early Childhood Educator, School Counselor, School Social Worker, School Administrator

WBL Opportunities: ACE Mentor Program, Fullana Early Childhood Center Childcare Provider, FoCo Café, Columbine Health Systems Waitstaff, Kitchen, Food and Nutrition, Sonic Drive In Carhop, Bird & Jim Chef's Culinary Apprenticeship

Health Sciences Pathway

Student
Leadership:
HOSA

Health Sciences

(Formerly Biomedical Pathway in BCA)

- Intro to Health Science
- Biotechnology
- Anatomy & Physiology
- Work-Based Learning: Healthcare

Industry Certification: Basic Life Support for Healthcare Providers

In Demand Careers:

Nutritionist, Registered Nurse, Physician Assistant, Paramedic,
Chiropractor, Respiratory Therapist, Medical Assistant, Pharmacy
Technician, Physical Therapist

WBL Opportunities: Columbine Health Systems CNA Apprenticeship / Personal
Care Provider / Resident Assistant, UC Health Patient Care Assistant, Tabby Road
Animal Hospital Vet Med Intern, Home Helpers Home Care of Larimer County
Healthcare/Caregiver, Brightstar Care Home Health Caregiver

Technology Education Pathways

Student
Leadership:
Skills USA

Architecture & Construction

- Principles of Construction
- Woodworking Technology A
- Woodworking Technology B
- FRCC Mechanical Design I
- Woodworking Technology II A
- Work Based Learning: Construction

Industry Certification: NCCER Core
www.nccer.org

In Demand Careers:
Construction Manager, Plumber,
Landscape Architect, Civil Engineer,
Electrician, Architectural Drafter, Building
Inspector, HVAC Technician

Engineering (STEM)

- Principles of Engineering
- FRCC Mechanical Design I
- FRCC SolidWorks / Mechanical
- FRCC Advanced SolidWorks
- Unmanned Aerial Systems
- Robotics & Automated Systems A & B
- AP Computer Science Principles
- AP Computer Science A/B
- Work-Based Learning Engineering

Industry Certification: Computer Aided Drafting (CAD)
www.solidworks.com

In Demand Careers:
Computer Hardware Engineer,
Mechanical Engineer, Electronics
Engineer, Industrial Engineer, Building
Inspector, Mechanical Drafter, Civil
Engineer, Engineering Tech

Welding & Manufacturing

- Principles of Manufacturing
- Metals & Machine Fabrication A & B
- Metals & Machine Fabrication A - Women
- Metals & Machine Fabrication IIA
- FRCC Mechanical Design I
- FRCC SolidWorks / Mechanical
- FRCC Advanced
- Work-Based Learning: Manufacturing

Industry Certification: Computer Aided Drafting (CAD)
www.solidworks.com

In Demand Careers:
Energy Manager, Welder, Sheet Metal
Worker, Technology Developer,
Machinist, Manufacturing Production
Supervisor, Machine Operator,
Maintenance Tech

WBL Opportunities: ACE Mentor Program, Woodward CNC Machinist, Tolmar Manufacturing Technician, Rubadue Wire Manufacturing Technician, Custom Millworks, Neuworks Mechanical Plumbing Apprenticeship

Explore our Programs @ FCHS



- AVID
 - ELD
 - Seal of Biliteracy
 - GT
 - Advanced Placement
 - Front Range Community College Courses
 - High School Select (@FCHS)
 - Concurrent Enrollment (@FRCC)
 - ASCENT/TREP (5th year, @FRCC)
 - Associates Degree Pathway
 - Futures Lab
 - Performing Arts
 - Visual Arts
-



AVID



AVID = Achievement Via Individual Determination

[FCHS AVID HOMEPAGE](#)

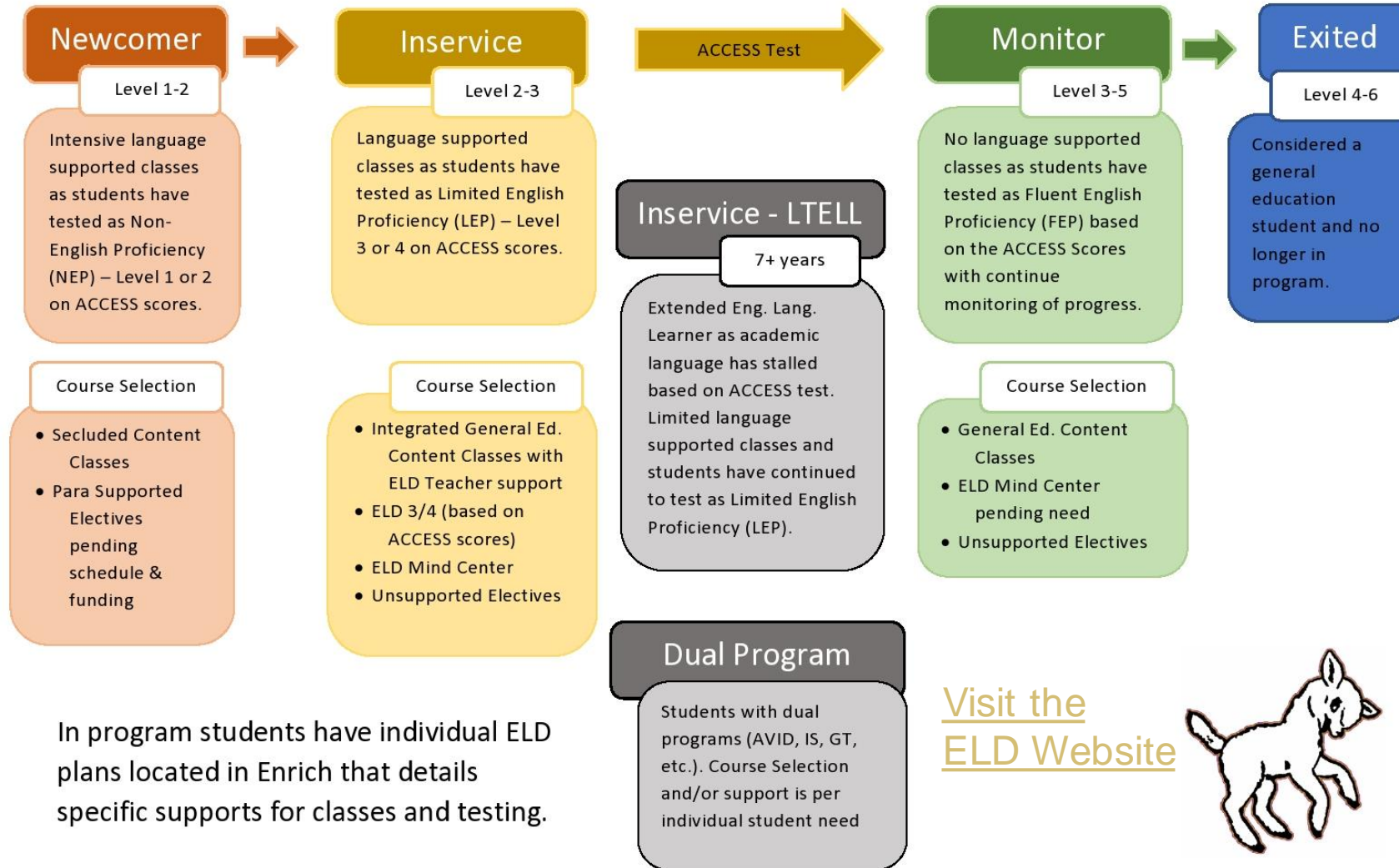
The **mission** of AVID is to increase school wide learning and performance and to ensure that all students, most especially the least served students in the “academic middle,” and are capable of completing a college path.

Since 1990, more than 30,000 students have graduated from AVID programs nationwide-98% received acceptance to a 2 or 4 year college and 89% of those who started are in college two years later.



English Language Development Program

at Fort Collins High School



Seal of Biliteracy

The Seal of Biliteracy is an endorsement given by a school or school district in recognition of students who have studied and attained proficiency in two or more languages by high school graduation.

<https://sites.google.com/psdschools.org/psdsealofbiliteracy/home>

Demonstration of Mastery of English

A score of 3 or higher in an AP English class
OR

A score of 470 or higher on SAT Reading/Writing
OR

Monitor Status on ACCESS Test
OR

Intermediate 4 on the AAPPL Exam

Demonstration of Mastery of Second Language

A score of 3 or higher in AP World Language class
OR

Intermediate 4 on AAPPL Exam
OR

A score of B or higher on Worl Language
Concurrent Enrollment class



Gifted & Talented Programming & The GT Honors Academy Endorsed Diploma

Honors Academy Seminar Classes:

- ▶ Self-directed learning
- ▶ Research skills modeled after College Honors Academics
- ▶ Internship/Mentorship
- ▶ Four “Cs”
 - ▶ Creative production
 - ▶ Critical thinking
 - ▶ Communication skills
 - ▶ Collaboration



<https://fch.psdschools.org/academics/gifted-talented>



College-Level Courses @ FCHS

- Rigorous Advanced Placement Program
- 24 Advanced Placement courses
- Freshman can enroll in College Prep (CP) courses and some AP courses
- Nearly $\frac{1}{3}$ of students enrolled in AP courses
- Dig deeper into content you love
- Potential to earn college credit
- GPA bump of .002 = positive impact on GPA
- Receive AP Endorsed Diploma

AP Located in P-100

Comprehensive Concurrent Enrollment Offerings:

- Freshmen can enroll in some FRCC courses
- Receive a FRCC transcript
- GPA bump of .002 = positive impact on GPA
- Earn your Associates Degree

High School Select
(FRCC Courses offered
on FCHS campus)

Campus Select
(FRCC Courses offered
on FRCC campus)

ASCENT
TREP
(5th year program)

**Front Range Located
in Counseling**

ASCENT/TREP



Associates Degree Pathway

More information: <https://fch.psdschools.org/academics/associates-degree-pathway>

ASSOCIATES (AA) DEGREE PATHWAY FORT COLLINS HIGH SCHOOL



Work towards your Associate's degree from FRCC while you are in high school! A total of 60 FRCC/100 PSD designated credits must be earned with a minimum of 15 FRCC/25 PSD credits completed on the FRCC campus. Tuition is paid for by PSD but fees, textbooks, and travel are the responsibility of the student. ***This is an example pathway***, students may individualize after consulting with FRCC advisors.

****These courses are taught at FCHS; AP Scores must be transcribed by FRCC.***

	9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
ENGLISH/ COMMUNICATIONS 12 FRCC CREDITS			LIT 115 Intro to Literature* COM 115 Public Speaking	ENG 121 English Composition I* ENG 122 English Composition II*
ARTS, HISTORY & HUMANITIES 9 FRCC CREDITS		ART 110 Art Appreciation*	AP US History* (Score of 3+) OR SPA 211/212 Spanish Language IV*	HUM 122 Humanities: Medieval to Modern*

FUTURES LAB

Design Principles

The design principles reflect the mission and vision of the Futures Lab, allowing a consistent experience for all learners.

AUTONOMY

Learning is self-directed, with student ownership of path and product.

DEEP LEARNING

Learning is an iterative process that is immersive, complex, and messy.

CONNECTION

Learning connects concepts, skills, and people in novel ways.

AUTHENTIC WORK

Learning creates value in the world outside the classroom walls.

Get involved!

Visit our website and choose "support the lab."

futureslab.psdschools.org



futureslab.psdschools.org

Schedule

Pathways are available for any high school student in Poudre School District. They are held at our building in half-day bundles of courses in either 1st or 2nd semester: AM 9:15am-12:15pm / PM 12:45pm-3:45pm. Bussing is provided for all students to/from their base high school.

Example Pathway structure at Futures Lab:

	MON	TUE	WED	THUR	FRI
90 min	Pathway Course 10 credits				
90 min	Futures Lab Seminar (9 weeks) 5 credits Language Arts				Future Friday: - ICAP - Certification Seminar - Blended time - Capstone
	Option for Graduation credit (9 weeks) 5 variable credits				

How to Register

Step 1 Review our pathway options on our website.

Step 2 Choose your pathway and submit along with your registration materials at your base high school.

Performing Arts

Course Offerings:

- Non-Auditioned Ensembles for Band, Choir and Orchestra
- Auditioned Ensembles for Band, Choir, and Orchestra
- Pep Band
- Jazz Band
- Chamber Ensembles
- Unified Music
- Beginning Guitar & Guitar II
- Beginning Piano & Piano II
- History of Rock & Roll
- Music Production & Technology
- Music Theory & Composition
- AP Music Theory



Performing Arts

Our performing ensembles consistently receive the highest possible scores at regional, state and national level festivals.

Some past performances include:

- CMEA Conferences
- Music For All National Conference
- Superior ratings at the CBA State Concert Band Festival
- Superior ratings at the ASTA State Orchestra Festival
- International Tours to both Europe and Australia



<https://fch.psdschools.org/academics/performing-arts>

3 Shows a Year

CHICAGO



nickelodeon
THE
**SPONGEBOB
MUSICAL**



FCHS TOWER THEATER

fchsperformingarts.com

State Awards

7 Theater Classes

Intro to Acting
Advanced Acting
Improvisation
Technical Theater
Unified Theater
Play & Script
Writing
Theater
Practicum

2022
Main Stage
Selection!



COLORADO
THESPIANS™

AN EDUCATIONAL THEATRE ASSOCIATION AFFILIATE

BOBBY G
AWARDS

8 Nominees!
3 Winners!

ART AT FCHS

Course Offerings:

- 2-D Design
- 3-D Design
- Unified Art
- Digital Media (Graphic Design)
- Photography
- Sculpture
- Painting
- Pottery
- Jewelry / Metalsmithing
- Drawing
- Art Appreciation (FRCC)
- AP Studio Art and Design

The FCHS Art Department provides students with a wide range of opportunities to develop artistic skills while engaging in creative expression through visual means.

<https://fch.psdschools.org/academics/departments/art>



The FCHS art program allows students to explore the rich cultural history of art, create artwork as a means of personal expression and ultimately expand visual perception skills to develop a greater understanding of the world in which we live.



A woman with short brown hair, wearing a black dress and a white cardigan, stands smiling next to a large display board. The board is covered with various artworks, including portraits and illustrations. On the left side of the board, there is a large portrait of a woman with dark hair and a crown, a small illustration of a person's head, and a portrait of a woman with a red collar. On the right side, there is a framed illustration of a woman's head with a wolf's head on top, a portrait of a woman with antlers, a portrait of a woman with a fox's head, and a portrait of a woman with a large, ornate headpiece. The background is a plain wall.





School of Choice Information & Deadline

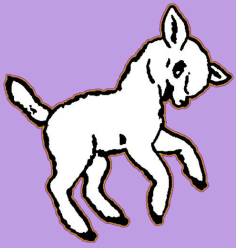
Parent /Guardian must complete the School of Choice application (PSD website) by 12/15/2022

Parent/Guardian has 5 business days to respond to a seat offer and can be notified not only by email but also by phone and/or text.

Seat offers not responded to within five business days are marked as declined.

If a seat is declined, the student is removed from the waitlist and will not be offered a seat again.





Thank you for visiting FCHS

From now until 7:30 p.m. please reference your handout to visit locations of your choice.



.....Once a Lambkin, always a Lambkin