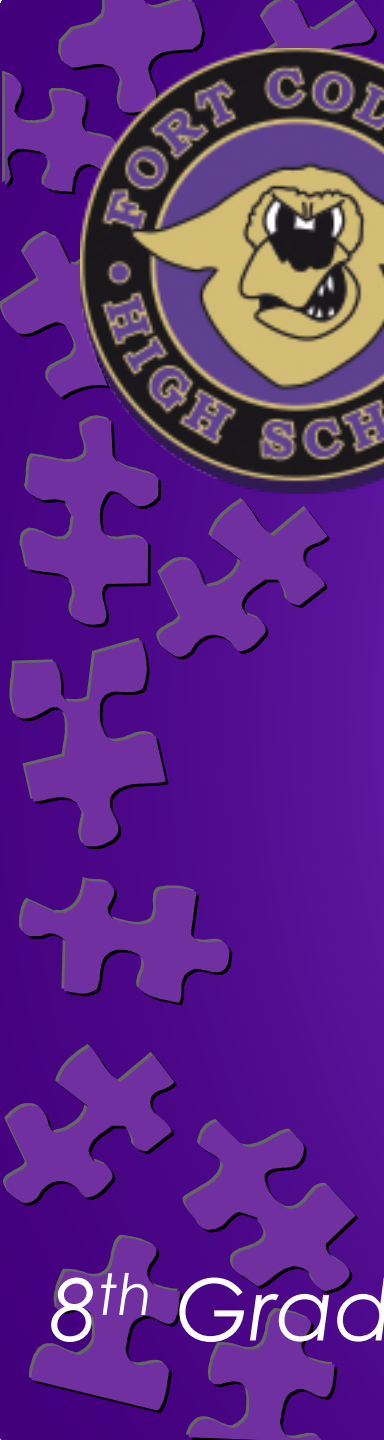




# 8<sup>th</sup> Grade





# TODAY, we will cover:

- › Things to Know about your high school
  - › High School Graduation Requirements
  - › Course Selection
- › Registration Process – Course Selection Sheets



# Counselors



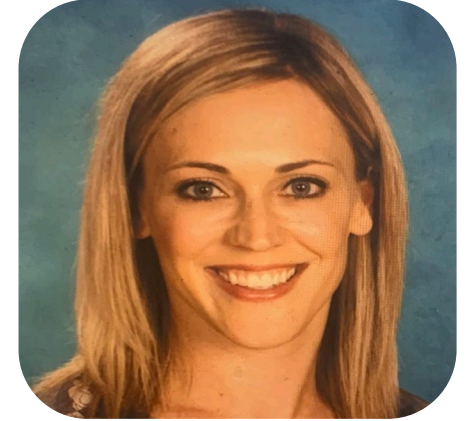
**Brett Fedor**  
A-C, 10<sup>th</sup> – 12<sup>th</sup> grade



**Lauren Harrington**  
H-Ma, 10<sup>th</sup> – 12<sup>th</sup> grade



**Kristin Flanagan**  
D-G & ELD, 10<sup>th</sup> – 12<sup>th</sup> grade



**Nicole Kostra**  
S-Z, 10<sup>th</sup> – 12<sup>th</sup> grade



**Melanie Smith**  
9<sup>th</sup> grade



**Kate Sherrill**  
9<sup>th</sup> Grade



**Anna Morris**  
Mc-R, 10<sup>th</sup> – 12<sup>th</sup> grade



**Aaron Waters**  
Drug & Alcohol Education

# Helpful Highlights

- ★ 6-minute passing periods
- ★ Common Lunch
- ★ Individual Lockers
- ★ Friendship and Social Adjustments
- ★ Social/Emotional Support
- ★ Halls are in order of local streets (*Prospect, Mulberry, LaPorte*)





# FCHS New Schedule

## 2023-2024 FCHS Bell Schedule

<b>Monday Tuesday</b>	<b>Period 1</b>		<b>Period 2</b>	<b>Lunch</b>	<b>Period 3</b>	<b>Period 4</b>
	9:00-10:29		10:35-12:07	12:07-12:50	12:56-2:25	2:31-4:00
<b>Wednesday</b>	<b>Late Start</b>	<b>Period 1</b>	<b>Period 2</b>	<b>Lunch</b>	<b>Period 3</b>	<b>Period 4</b>
	9:00-9:35	9:35-10:57	11:03-12:25	12:25-1:05	1:10-2:32	2:38-4:00
<b>Thursday Friday</b>	<b>Period 1</b>		<b>Period 2</b>	<b>Lunch</b>	<b>Period 3</b>	<b>Period 4</b>
	9:00-10:29		10:35-12:07	12:07-12:50	12:56-2:25	2:31-4:00





# SAMPLE COURSE SCHEDULE

	Fall		Spring	
	Q1	Q2	Q3	Q4
Period 1	English 9 S1	English 9 S2	Geospace Science S1	Geospace Science S2
Period 2	World History S1	World History S2	Algebra 1 S1	Geometry S1
Period 3	Lambkin Way	Wellness	Elective	Elective
Period 4	Elective	Elective	Elective	Elective
Options	AVID	AVID	World Lang S1	World Lang S2
	Music	Music	Music	Music
	Art	CTE	Wellness	CTE
Period 0	Athletic Weights			
(Before School)	Specific Music			
Period 5	WBL: Production & Managerial Arts (Theater Practicum) & Auxiliary Music			
(After School)	Work-Based Learning			



# GRADUATION REQUIREMENTS

## Earn **240** Credits

Students Must Satisfy These Requirements:	Required Credits
Language Arts	40
Mathematics & Computer Science	30
Science	30
Social Studies	25
Wellness	15
World Language or Culture 2 years of a world language is recommended	10
Fine & Applied Arts	10
Humanities	5
Financial Literacy	5
Economics	5
Electives	65

&

## College & Career Readiness Measure

Demonstrate competence by meeting or exceeding the required level of readiness in one of the following methods:

	English	Math
SAT	470	500
ASVAB (AFQT)	31	31
ACT WorkKeys	Bronze+	
Advanced Placement Exams	Content Exam Score $\geq 2$	
Concurrent Enrollment	Passing Grade of C or above	
District Capstone	Individualized Project	
Industry Certificate	Individualized	
ADDITIONAL OUTSIDE OPTION		
ACT	18	19
Accuplacer Assessment	62 – Reading 70 – Sentence Skills	61 – Elementary Algebra



# THE “PLUS”: College & Career Readiness Measure

**WORKFORCE**

Consider

District Capstone

ACT WorkKeys

Industry Certificate



**APPRENTICESHIP**

Consider

Concurrent Enrollment

Industry Certificate

ACT WorkKeys

District Capstone



**MILITARY**

Consider

ACT or SAT

ASVAB (AFQT)

District Capstone



**COLLEGE**

Consider

Accuplacer

Advanced Placement

ACT

Concurrent Enrollment

SAT

District Capstone





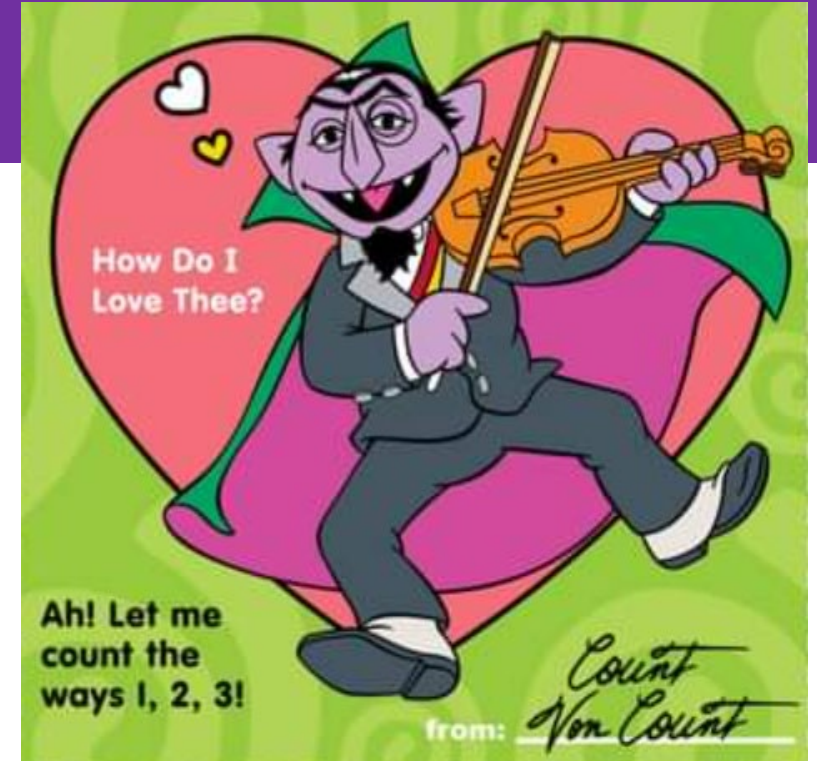


# WHAT IS A CREDIT?

Language Arts	40
Mathematics & Computer Science	30
Science	30
Social Studies	25
Wellness	15
World Language or Culture	10
Fine & Applied Arts	10
Humanities	5
Financial Literacy	5
Economics	5
Electives	65

4 Semesters Required

1 Quarter Required



5 credits = One Quarter Period

Passing Grade  $\geq$  D

Subject Area Specific Requirements

240 total to graduate



# Grade Point Average (GPA)

StudentVue ➡ Course History  
➡ Graduation Status

GPA is the average of all the final class grades you receive for classes taken while in high school. The GPA scale converts your letter grades into a single summary number. Your GPA is often used by colleges, employers, technical programs, and scholarships to quickly assess your skills, work ethic, and willingness to challenge yourself. PSD calculates GPAs on a 4.0 scale.

Your grade in a class is assigned the following weight, multiplied by the number of credits

A = 4.0	B = 3.0	C = 2.0	D = 1.0	F = 0
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Class	Credits	Grade	Grade Points
Biology S1	5	B (3.0)	15
Biology S2	5	A (4.0)	20
US History S1	5	B- (3.0)	15
US History S2	5	C (2.0)	10
AP US Government	5	B (3.002)	15.01

Class	Credits	Grade	Grade Points
FRCC Intro to PC	5	B (3.002)	15.01
College Algebra S1 (CEFRHS)	5	A (4.002)	20.01
College Algebra S2 (CEFRHS)	5	B+ (3.002)	15.01
Digital Media	5	C (2.0)	10
<b>Total</b>	<b>45</b>		<b>135.04</b>

$45/135.04 = 3.00 \text{ GPA}$

Cum GPA  
3.181

The Cumulative GPA is calculated with the average obtained by dividing the total number of grade points earned, but the total number of credits attempted.

Adj Cum GPA  
3.211  
Rank: 273 out of 525

The adjusted GPA is factors in an additional .002 to the letter grade scale for all AP or post-secondary equivalent credits when the final grade of A, B, or C is earned.



# CREDITS – SUBJECT AREAS

9 <sup>th</sup> Grade Recommendations					Graduation Credits
Language Arts	English Grade 9		College Prep English 9		40
Mathematics & Computer Science ♦ <i>Colleges may require 4 years</i>	TEACHER RECOMMENDATION				30
Science ♦ <i>Colleges may require 4 years</i> * <i>Math Prerequisite, Teacher Recommendation</i>	Life Sciences		Physical Sciences		30
	Biology/College-Prep Biology		Geospace Science Earth Systems Science* Chemistry/College Prep Chemistry*		
Social Studies	World History		AP World History: Modern AP Human Geography		10
9 <sup>th</sup> Grade Seminar	Lambkin Way				5
World Language or Culture ♦ <i>Colleges may require 2-3 years of a world language</i>	World History World Language/Culture (Levels 1-5: French, German, Spanish) Spanish Culture Foundations/Explorations				10
Wellness * <i>Prerequisites of PE required</i>	Physical Education 1		Teen Choices		15
	Beginning 9 <sup>th</sup> Grade Weights *		Nutrition & Wellness		
Fine Arts	Music/Theatre	Engineer (STEM)		Design & Multimedia Arts	10
	Family Consumer Science	Art		Computer Science & Web Design	



# Lambkin Way

- › Required 9<sup>th</sup> Grade Seminar
- › Music, AVID, ELD, Honors Sections
- › Weekly Topics Include:
  - Community Building
  - Student Wellness
  - FCHS Specifics
  - Study Strategies
  - Time Management
  - Organization
  - Prioritization
  - Career Planning





# Electives – 65 Credits

Art & Photography

Design & Multimedia Arts

Family Consumer Sciences

Business & Marketing

Health Sciences

Architecture & Construction

Music

Theater

Engineering (STEM)

Computer Science & Web Design

Manufacturing

More of What you Love

Band/Orchestra/Choir

- No Experience Required
- Auditions Week of **March 20<sup>th</sup>**
- Counselor may adjust after auditions

The more that you **LEARN**  
The more places you'll **GO**  
-Dr. Seuss







# Application Courses, Special Programs

## AVID

Students enroll in one elective class with a focus on organizational/study skills and developing critical thinking and inquiry strategies.

Students receive academic help, while participating in enrichment and motivational activities to define and realize their future goals.

Contact Ms. Kamberi: [kamberi@psdschools.org](mailto:kamberi@psdschools.org)

## STUDENT COUNCIL

Students are elected for the following school year by their respective classmates to council positions each spring semester.

Students represent, coordinate, and serve the student body of FCHS.

For more information contact, Mr. Rhoades:  
[craigr@psdschools.org](mailto:craigr@psdschools.org)

## MUSIC

- › Intermediate Band
- › Orchestra: Sinfonietta Orchestra
- › Choir:
  - Tenor-Bass "Signori" or
  - Treble Choir "Anima"

For more information contact, Mr. John G. Hermanson:  
[jhermans@psdschools.org](mailto:jhermans@psdschools.org)

## YEARBOOK

This student-run publication class has a year-long format with professional deadlines.

For more information contact, Mr. Cunningham:  
[lcunningham@psdschools.org](mailto:lcunningham@psdschools.org)

## HONORS ACADEMY

Opportunities for challenges, creativity, and authentic learning in areas of intellectual passion chosen by you.

For more information contact, Ms. Reffner:  
[mreffner@psdschools.org](mailto:mreffner@psdschools.org)

College credit while you are IN high school!

**CONCURRENT ENROLLMENT, FREE!**

★ Classes are taught at FCHS

- English, Math, Humanities, Art, Music, Spanish
- Engineering, Business, Computers, Finance, Culinary

★ Look for **FRCC** on the course selection sheet.



Talk to Your  
8<sup>th</sup> Grade  
Teachers

COLLEGE PREPARATION (CP/  
ADVANCED PLACEMENT (AP)

- ★ CP English 9
- ★ CP Biology
- ★ AP World History: Modern
- ★ AP Human Geography
- ★ AP Computer Science Principles



# Graduation Credit for Middle School Classes

CREDITS & GRADES earned for approved courses **AUTOMATICALLY** calculated into a student's high school GPA! They will appear in your grade history for review. Students and Parents may choose to **NOT** receive high school credits for qualifying middle school courses. The only way to negate this impact is to OPT-OUT and decline the high school credit.

As stated in PSD Policy IKF-3, the window for declining HS credit begins the **FIRST** day of the student's ninth grade school year and **ends the LAST day of a student's ninth grade school year**. You do this using the [PSD High School Credit for Middle School Courses Opt-Out Form](#). The form is on the PSD website or from the FCHS Registrar, Ms. Julie Stajduhar.

**See Awarded  
Credits in  
StudentVue!  
Course History ➡  
Subject Area**

Possible Classes					
<b>Algebra 1</b>	Algebra I/IB				
<b>Geometry</b>	Geometry B				
<b>Algebra 2</b>	Algebra II/IIB				
<b>Pre-Calculus</b>	AP Statistics				
<b>French</b>	French Level 1/1B				
<b>German</b>	German Level 1/1B				
<b>Spanish</b>	Spanish Level 1/1B/1C	Spanish IB	IBMYP Spanish 1B	Spanish Level 2	Spanish Level 3
<b>Spanish Literacy</b>	Spanish Literacy 2/2B	Spanish Literacy 3/3B	Spanish Literacy 4		



# Picking Your Class – Curriculum Guide

fch.psdschools.org

Athletics
Support Services

Counseling
Family Liaison (Enlace Familiar)
Library & Technology Center (ITC)
Language, Culture & Equity
Peer Counseling

Academic Guidance
Book an Appointment
College & Career
Course Catalog
Personal & Social Resources
Registration



Courses by category

Architecture & Construction	Family Consumer Science - Culinary & Hospitality - Education & Training - Interior & Fashion Design	Performing Arts - Band - Choir - Orchestra - Theater - Other Music
Art & Photography	Engineering (STEM)	Personal Finance
Business & Marketing	English Language Arts	Science
Computer Science & Web Design	Humanities	Social Studies
Design & Multimedia Arts	Mathematics	Wellness
Economics	Manufacturing	World Language

Special Programs

Advanced Placement (AP)	Futures Lab	Summer School
AVID	Gifted & Talented	Work Based Learning
Bioscience Career Academy	Leadership Opportunities	Concurrent Enrollment



## English Language Arts Course Descriptions

### Grade 10 Language Arts

5412 | **World Literature/Composition (English 10):** 10 credits — grade 10 —English Language Arts — prerequisite: 9th grade English

This course provides students with a foundation in reading and writing skills necessary for completion of a comprehensive standards- based high school curriculum. The course integrates the teaching of writing with the study of literature. Students read a substantial selection of world literature including short stories, novels, drama (including Shakespeare), non-fiction, and poetry. Writing instruction is based on the Six-Traits Model. Students produce expository, narrative, descriptive, persuasive, technical, and creative writings. **At FCHS: This is a prerequisite for US Literature and Composition (11th grade English).**

5408 | **College Prep World Literature and Composition (CP English 10):** 10 credits — grade 10 — English Language Arts — prerequisite: 9th grade English

Don't base your decisions on the advice of those who don't have to deal with the results.

Online Curriculum Guide: <https://folsom.k12.ca.us/schools.org/bac/support-services/counseling/course-catalog>

#	Credit	Class	Pre-Req	Credit	Notes
<b>English Language Arts:</b>					
5030	10	English 1		Lang. Arts	
5034	10	CP English 9	Teacher Rec.	Lang. Arts	
<b>Mathematics:</b>					
	10	Pre-Algebra/Algebra 1 A	Teacher Rec.	Math	
6230/6240	10	Algebra 1 S1 / Geometry A		Math	
6240	10	Geometry S1/S2	Alg 1 (B)	Math	
6250	10	Algebra 2	Geom/Alg 1	Math	
6280CE	10	MAT121/122: Pre-Calculus	Alg 2 (B)	Math	FRCC
	10	Other:			
<b>Science:</b>					
6805	10	Geospace Science		Science	
6809	10	Earth System Science	Alg 1 concurr.	Science	
6710	10	Biology		Science	Must take for BCA App.
6709	10	CP Biology	Teacher Rec.	Science	Must take for BCA App.
6790	10	Chemistry	Alg 2; Teacher Rec.	Science	
6798	10	CP Chemistry	Alg 2; Teacher Rec.	Science	
<b>Social Studies:</b>					
7250	10	World History		SS/W. Lang	
7266	10	CP World History: Ancient		S. Studies	
7265	10	AP World History: Modern		S. Studies	
7227	10	AP Human Geography	Teacher Rec.	S. Studies	
<b>World Language:</b>					
4730					
4770					
4810					
4917					
4710					

8th grade Content Teacher

Signatures:

CP English 9:

All Math:

CP Bio/Chem/CP Chem:

AP Human Geography:

English Teacher

S. Studies Teacher

Course #

Remember  
75-80 Credits

## Schedule Changes

Valid Reason for Change

NOT a Reason for Change

ICAP

Class with friends

Off-Campus Class Conflict

Athletics

Class not Offered

Teacher Preference

Duplicate Class

I want a specific 'off' period

Failed a Class

I changed my mind



# Course Selection Sheets

- ✓Teacher Recommendation
- ✓Talk with your Guardian

- ✓75-80 credits
- ✓Note 2-3 alternative courses on back

English Language Arts:					
5030	10	English 9		Lang. Arts	
5034	10	CP English 9	Teacher Rec.	Lang. Arts	
Mathematics:					
	10	Pre-Algebra/Algebra 1 A	Teacher Rec.	Math	
6230/6240	10	Algebra 1 S1 / Geometry A		Math	
6240	10	Geometry S1/S2	Alg 1 (B)	Math	
6250	10	Algebra 2	Geom/Alg 1	Math	
6280CE	10	MAT121/122: Pre-Calculus	Alg 2 (B)	Math	FRCC
	10	Other:			

Signatures:

CP English 9:

All Math:



5269	10	Yearbook/Journalism	Application	Lang. Arts	
Language Arts Electives					
5250	5	Basic Speech		Lang. Arts	
5580	5	Play & Script Writing		Lang. Arts	
5900	5	Argumentation & Debate		Lang. Arts	
5911	5	Forensics Lab (Debate)		Lang. Arts	After

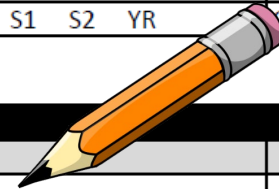
8th grade Counselor Rec:

Application: check if interested; please see FCHS website for more information.

4045	10	AVID 9		Elective	
8104	10	Student Council		Elective	
	5/10	Mind Center S1 S2 YR		Counselor Rec.	

Alternate Class Choices:

#	Class				



Student Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_







## What Do You Do Next?

**WHY ME?!**

Turn in your sheet!

FCHS Counselors Will Be at Your School:

- ✓ January 30th – February 3rd to pick up Course Selection Sheets
  - January 30th - Lesher Middle School
  - January 31st - Lincoln Middle School
  - February 1st - Preston Middle School
  - February 2nd - Boltz Middle School
  - February 3<sup>rd</sup> – Kinard Middle School
- ✓ Class requests will be entered

Reminder: **CHOOSE WISELY!** The classes we offer next year will be based off the classes you choose. Your class schedule reflects your choices.

# We'll See you Soon!

- › FCHS 8<sup>th</sup> Grade Visit Day(s) – April 27 & 28
- › Check-In Days – **Tentative** August 11 & 12
  - Schedule Pick-Up,
  - Student IDs,
  - Other Logistics
- › 9<sup>th</sup> Grade Orientation – **Tentative** August 15th



Watch for Details  
In the Summer '23  
FCHS Newsletter



# Tips for Success

- ★ Attendance
- ★ Homework (Outside of Class)
- ★ Use Resources (Tutoring, Teachers, Peers)
- ★ Get Involved:
  - Clubs
  - Sports
  - Band/Music
  - Theater
  - Attend School Events





# Questions?

Whose Your Counselor:



Melanie Smith  
Last Name: A-??



Kate Sherrill  
Last Name ??-Z