

# FCHS Academic Profile for Letters of Recommendation (LoR)

Name: \_\_\_\_\_ ID# \_\_\_\_\_ Grade: \_\_\_\_\_ Counselor: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Date Needed By: \_\_\_\_\_

This form provides useful information to those who agree to write recommendation letters for you. Please request letters in person and allow your recommenders at **least two weeks' notice** before any deadlines. It may be helpful to provide a copy of your resume to your recommender in addition to this form. You may also request an unofficial transcript (at no cost) from Student Services OR you can obtain from your StudentVue.

Goals and/or Career Interests:	

College/Universities you are applying to or interested in:	

Possible College Majors and Minors:	

Clubs and Activities Currently Involved In:	

What do you consider your strengths as a person? Provide an example of a situation that you demonstrate your strength:

What are six words that you would use to describe yourself?	

What accomplishment are you the proudest of and why?

What are the things that interest you the most? What are your passions/hobbies?

If you were writing this LoR, what would you say about yourself?

Additional Information (Personal Challenges, Family Struggles, etc.): that you wish to share

